

고콜레스테롤혈증 인지율, 치료율, 조절률 수준 및 추이, 2007~2019

만 30세 이상 고콜레스테롤혈증 인지율, 치료율, 조절률은 2007~2009년 이후 지속적으로 개선되었음. 2019년 기준 고콜레스테롤혈증 인지율 및 치료율은 각각 61.7%, 53.1%이었으며, 치료자의 조절률(82.8%)이 유병자 기준 조절률(44.8%)보다 1.8배 높았음(그림 1).

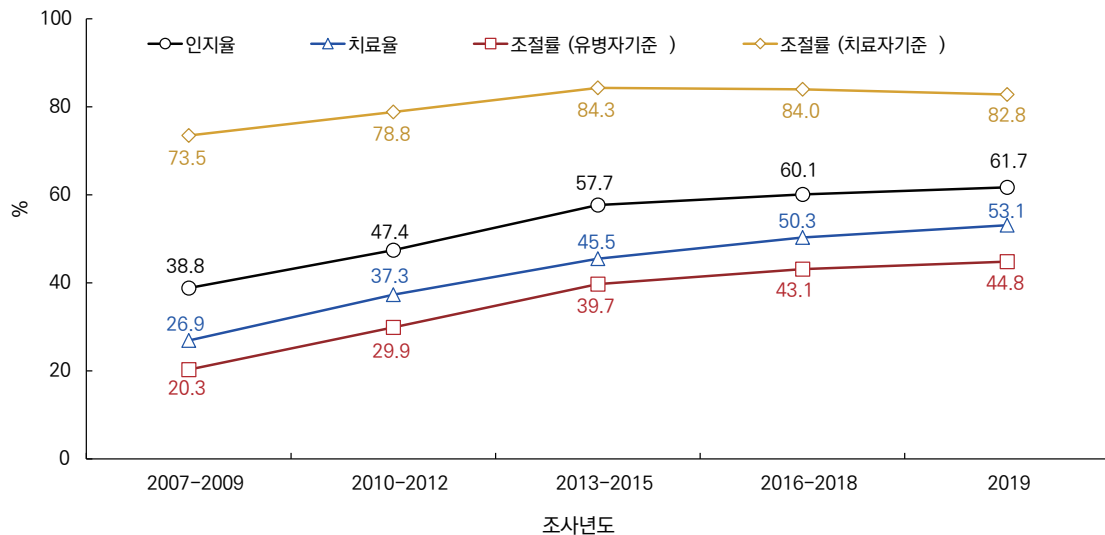


그림 1. 고콜레스테롤혈증 인지율, 치료율, 조절률 수준 및 추이, 2007~2019

* 고콜레스테롤혈증 인지율: 고콜레스테롤혈증 유병자 중 의사로부터 고콜레스테롤혈증 진단을 받은 분율, 만 30세 이상

† 고콜레스테롤혈증 치료율: 고콜레스테롤혈증 유병자 중 현재 콜레스테롤강하제를 한 달에 20일 이상 복용한 분율, 만 30세 이상

‡ 고콜레스테롤혈증 조절률(유병자기준): 고콜레스테롤혈증 유병자 중 총콜레스테롤수치가 200 mg/dL 미만인 분율, 만 30세 이상

§ 고콜레스테롤혈증 조절률(치료자기준): 고콜레스테롤혈증 치료자 중 총콜레스테롤수치가 200 mg/dL 미만인 분율, 만 30세 이상

출처 : 2019년 국민건강통계, <http://knhanes.kdca.go.kr/>

작성부서 : 질병관리청 만성질환관리국 만성질환관리과

Noncommunicable Disease (NCD) Statistics

Trends in awareness, treatment, and control of hypercholesterolemia among Korean adults aged 30 years and over, 2007–2019

Awareness, treatment and control of hypercholesterolemia continuously improved since 2007–2009. In 2019, the percentage of awareness and treatment was 61.7% and 53.1% respectively. Percentage of controlled hypercholesterolemia for those who are on treatment was 1.8 times higher (82.8%) than the percentage of controlled hypercholesterolemia for all those who have hypercholesterolemia (44.8%) (Figure 1).

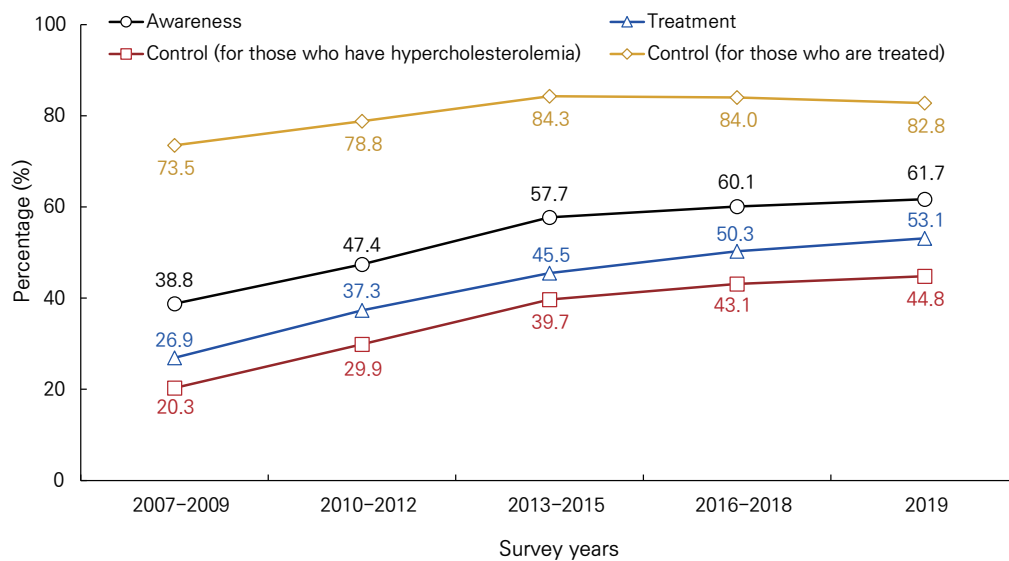


Figure 1. Trends in awareness, treatment, and control of hypercholesterolemia (aged ≥ 30 years), 2007–2019

* Hypercholesterolemia awareness rate: The percentage of those diagnosed with hypercholesterolemia by a doctor, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

† Treated hypercholesterolemia rate: The percentage of those who take cholesterol-lowering medication for more than 20 days a month, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

‡ Controlled hypercholesterolemia rate (for those who have hypercholesterolemia): The percentage of people whose total cholesterol is less than 200 mg/dL, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

§ Controlled hypercholesterolemia rate (for those who are treated): The percentage of people whose total cholesterol is less than 200 mg/dL, amongst those who are on treatment for hypercholesterolemia (aged ≥ 30 years)

Source: Korea Health Statistics 2019, Korea National Health and Nutrition Examination Survey, <http://knhanes.kdca.go.kr/>

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