

**Abstract**

## Diabetes Self-Management during the COVID-19 Period

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The global pandemic caused by the coronavirus disease-19 (COVID-19) has raised concerns for patients with diabetes mellitus (DM). In fact, if patients with DM get infected with COVID-19, the complication are serious, so more attention is needed to prevent infection. Furthermore, management of diet and exercise is becoming more difficult with decreased outdoor activities and increased working from home due to COVID-19. In addition to managing diet, exercise, smoking, and other lifestyle factors, this report researched the government's temporary telephone consultation and vaccination protocols for infection prevention among patients with DM.

**Keywords:** Coronavirus disease-19 (COVID-19), Chronic disease, Diabetes mellitus, Self-management

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